









What is the answer  
to Cyber Bullying?

One that is comprehensive...



# Our Beginning

## The Problem

- Speakers and programs didn't work.
- No one was going to save us.  
We needed to save ourselves.
- We were ALL tired of the bullying.
- Started with a meeting on  
June 6<sup>th</sup>, 2010 at the end of the year.





# Power of 100

## Our Goals

- Make a program which addresses all kinds of bullying and make sure it was continuous and permanent.
- Get 100 students and staff to each meeting and create The Power.
- Brand our name and get everyone to know what we're about.



# Power of 100

Awareness and Support,  
NOT Elimination!

## Our Meetings

- Open AP Communication
- Open Student Communication
- Build Relationships and Trust
- Some Education: Stats/Lessons/Role Plays
- Meetings on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month (Twice a month)



# Power of 100

## Topics

- Facebook/Posting Online
- Sexting
- Girl Rumors/Fighting (9<sup>th</sup> and 10<sup>th</sup> Grade)
- How to handle bullying in the hallways
- Diversity and Alternative Lifestyles

Students will tell you everything!!!  
Have support staff there to help you.





# What We've Done



**BUY NOW! \$1.00**  
**during lunch or see Mr. Simancek**



# What We've Done







# What We've Done





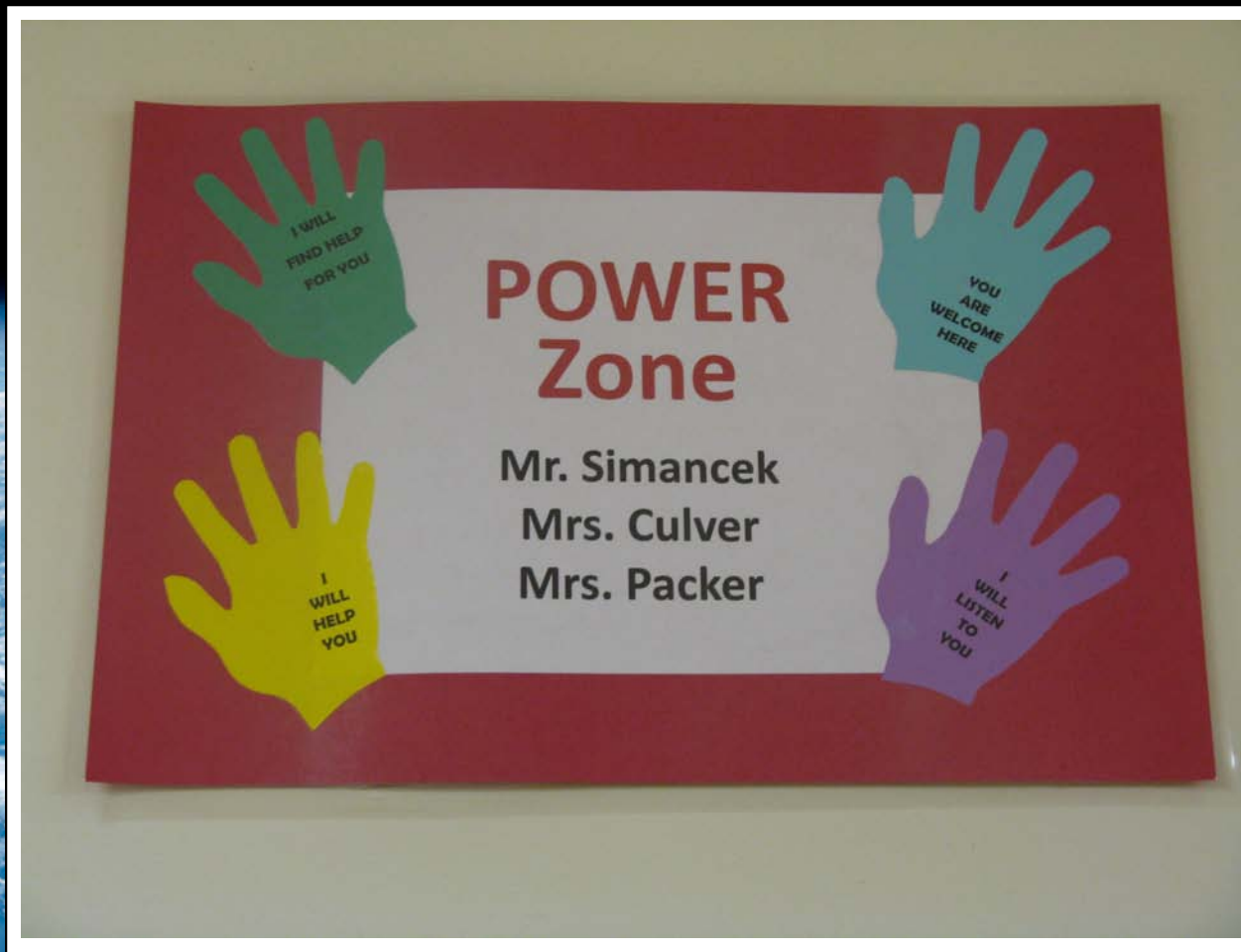
# What We've Done







# What We've Done







# What We've Done

## MME/ACT Writing Prompt

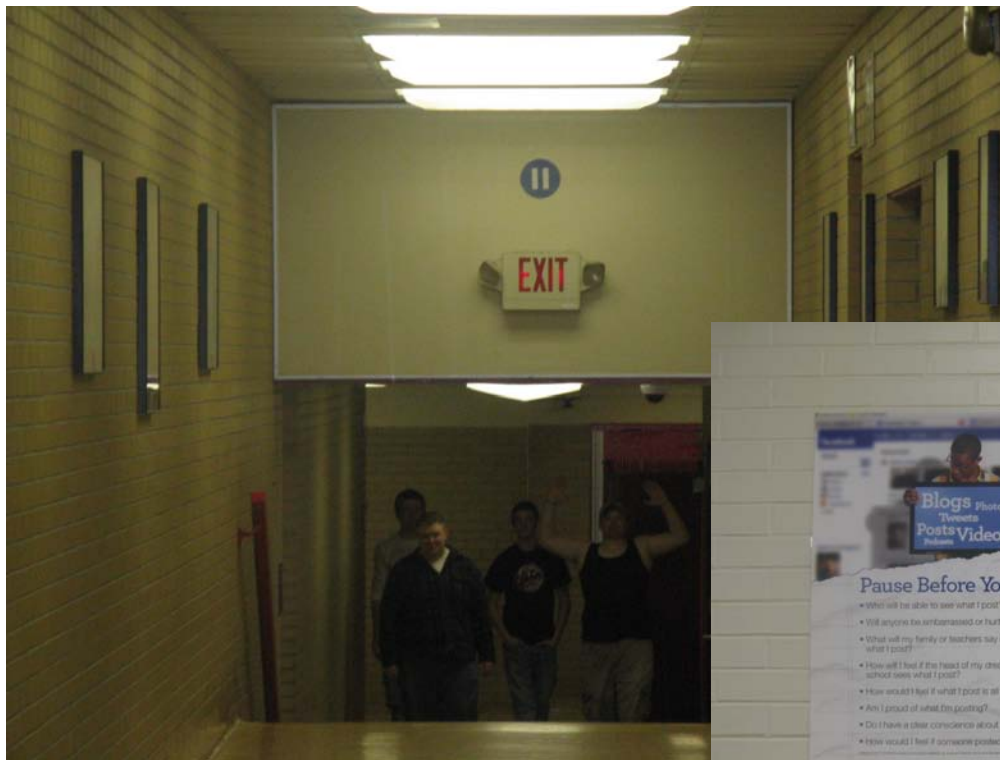
**After watching the *Power of One* video, you have seen how one person can affect change. Currently there is an effort to change the bullying culture at Swartz Creek High School. Do you believe that a single person can affect change and help end the bullying problem at Swartz Creek or do you think that as an individual there is nothing one can do? Take a position and use examples and evidence from your experiences, the video and life to support your stand and convince your readers of your choice.**

This is a persuasive essay assignment so your paper must include:

1. Introduction: Thesis Statement - What is your position?
2. Body
  - a. 2 or more “support” paragraphs that include evidence/examples from your life, the video, real life to prove or justify your position.
  - b. A rebuttal paragraph that states your opposition’s view and why you feel it is not correct/concrete
3. Conclusion - Recap and leave your reader with a “zinger”... Something to think about.



# What We've Done



Pause Before  
You Post  
Campaign

**THEMES**







# What We've Done

## The Kindness Campagin

Lauren and Molly visit Swartz Creek High School and talk to 300 9<sup>th</sup> and 10<sup>th</sup> grade girls.





# What We've Done

## Other Initiatives/Accomplishments

- Student Created PSA Videos
- Middle School Power of 100 Group
- Elementary School Program
- Took students to The Bullycide Project and now Swartz Creek is writing their own play.
- Partnering with other districts



# Is it working?

## Proof

- More students/parents report bullying.
- More student interventions.
- All students aware of Power of 100 and that the principals support it.
- I see the Power of 100 in every corner of the school at all times of the day.





# What our next step?

## Power of 100 Alliance

Share themes, presentations, videos,  
shirt designs, activities, ideas.



# Join the Alliance

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